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The Coleman Journal

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VOLUME 25 - No. 65

The Journal, Coleman, Alberta Wed., June 6, 1956

single copy 7c

Remington
Portable
Typewriters

Class of 1956 Graduates from Coleman High School

The class of 1956 graduates of Coleman High School was held in a packed auditorium on Friday evening; 14 grads were given honors. Miss Josi Rinaldi, pres., was master of ceremonies. Grace was given by Miss Mercier. To the Queen — Peter Makowichuk. The toast to the school staff was given by Jerry Ryznar. Response by Vice Principal J. A. McDonald. Toast to school board by Walter Tymchyna and the response by Steve Mraz. Jo-Ann Montalbetti gave the toast to the parents with Mr. A. Montalbetti giving the response. Sonny Troch — Volodioty. Principal H. Allen toasted the graduates with response by Miss Virginia Peknik.

The students presented a pleasing musical program with the Grade X and XI choir in attendance and an enjoyable skit was presented by Vernon Groskyo and Raymond Corney. Gail Vincent piano solo "Claire de Lune" was well received. Richard Chernecky, solo "Blue Moon" was another outstanding hit.

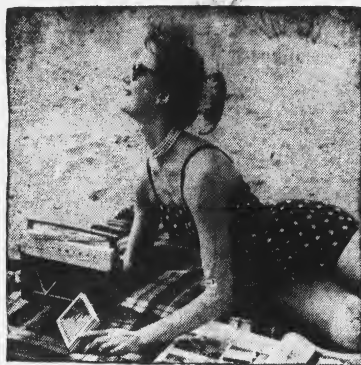
Two solos by Miss Ann Bodisch were real crowd pleasers. Margaret McDonald — Piano solo — very enjoyable. The graduation poem was recited by Miss Gail Murdoch. Richard Chernecky and Miss Bodisch made a very pleasant team with their duet "Till We Meet Again."

The following are the graduates: Eda Bartoletti, Joan Hirst, Peter Makowichuk, Jo-Ann Montalbetti, Stanley Ondrik, Virginia Peknik, Margaret Townall, Faye Tibergien, Sonny Troch, Eddy Vincent, Tony Zembak, Joy Raymond, Joni Rinaldi, Jerry Ryznar.

School board members present were:

Mr. J. Salus Jr., Mr. Kitaguchi, Mr. Clark, Mr. S. Mraz, Mr. S. Penny and Mrs. N. Goulding.

The Journal regrets that due to not being notified in time we were unable to attend this event, so therefore our coverage for this event is very scarce. We would suggest that our representative be informed in time for these events, or appoint a press representative to cover your affairs.



New tubeless radio powered by sun

Enjoying music on the beach is girl listening to the world's first sun-powered radio designed by Canadian Admiral. It uses a compact 32-cell Sun-Power Pak to provide power for constant operation. This Power Pak actually harnesses the sun and converts its rays into electrical energy. When there is no sun, radio operates on six standard flashlight batteries that will last from 700 to 1,000 hours.

LEAGUE SCHEDULE

All games at 1:30 p.m. (except June 10, Blairmore at Coleman, 4:30).

JUNE 10—

Little — Coleman at Blairmore.

Hillcrest at Michel.

Pony — Blairmore at Coleman.

Juvenile — Michel at Hillcrest.

JUNE 17—

Little — Hillcrest at Coleman.

Pony — Coleman at Hillcrest.

Juvenile — Michel at Blairmore.

JUNE 24—

Little — Michel at Coleman.

Blairmore at Hillcrest.

Pony — Hillcrest at Blairmore.

JULY 8—

Little — Blairmore at Coleman.

Michel at Hillcrest.

Pony — Coleman at Blairmore.

Juvenile — Hillcrest at Michel.

JULY 15—

Little — Coleman at Hillcrest.

Pony — Hillcrest at Coleman.

Juvenile — Blairmore at Michel.

JULY 22—

Little — Coleman at Hillcrest.

Hillcrest at Blairmore.

Pony — Blairmore at Hillcrest.

JULY 29—

Little — Blairmore at Michel.

Juvenile — Hillcrest at Blairmore.

AUGUST 5—

Little — Michel at Blairmore.

Juvenile — Blairmore at Hillcrest.

EXHIBITION PONY GAMES—

June 17—Blairmore at Cowley.

June 24—Coleman at Cowley.

July 15—Cowley at Blairmore.

July 22—Cowley at Coleman.

July 29—Cowley at Hillcrest.

August 5—Hillcrest at Cowley.

Coleman Rodeo Parade Over 3 Miles Long

Three miles of floats, displays, bands and patrol teams are scheduled for the Coleman Rodeo parade. Seven bands have committed themselves to play: Queen's Own Rifles Band of Calgary; Elks Band, Calgary; A.N.A.F. Pipe Band, Lethbridge; Cowley Band; C.N.P. Band; 9th Tech Squad Band, R.C.E.M.E. Blairmore; Coleman Pipe Band. Other bands contacted and which word is still awaited are: American Legion Band, Great Falls Shells; Navy Band; Sunburst Band; Navy Band from Edmonton; Swift Current Band and the R.C.A.F. Pipe Band.

There are 120 floats, displays and decorated cars entered to date.

Local clowns will be on hand and parade marshal Corsan requests anyone who can perform in this department to please contact him.

Lions Take Over Garage Business

The Coleman Lions Club are busy again. This time they are going to try their luck at running a garage.

Through the courtesy of Jack Nelson, proprietor of the Kananaskis Service the Lions will take over the garage on Sunday, June 10th and run the business all day. The commission they receive from the sale of gas, oil and other products will go toward community projects.

The big day to remember folks is Sunday, June 10th which also happens to be Father's Day. So here is the big chance to turn the wheels and fill the gas tank up for Dad and take him for a ride and picnic up the scenic Kananaskis highway.

The Lions guarantee to give you quick, efficient service in return for the Lions share of the business at the Kananaskis Service on Father's Day, Sunday, June 10th. Remember, "It's Father's Day at the B.A."

3 Coleman Men On Little League Baseball Executive

Representatives from Natal — Michel — Hillcrest — Bellevue — Blairmore and Coleman interested in Little League and Pony League juvenile baseball met here recently and elected the following: slate of officers:

President, Cliff Letcher of Hillcrest; vice-President, Joe Wovercon of Coleman; secretary, John Salus of Coleman. Executive is formed by John Benda of Coleman. Eno Montegani of Hillcrest; Mark Evans of Cowley and Lundbeck; Paul Chala, Natal-Michel. 2 members are to be appointed from Blairmore.

Coleman Merchants "Paint Up" for Rodeo Week

Merchants of Coleman this week have undertaken the task of painting up their store fronts in preparation for the large parade for the July 7 Rodeo. Television cameras will be filming this very colorful event. The appearance of brightly painted business houses and residences along the parade route will add greatly to a very colorful event. A lasting record of the Coleman spirit will be viewed not only by thousands who will be along the parade route but will be viewed by thousands of others' throughout Canada on their TV sets.

If every citizen gets wholeheartedly behind this "paint up" effort Coleman can be justly proud. Set as we are in a beautiful mountain setting, there is no reason why our buildings should lack the beauty that paint can give. Not only beauty but preserving of our cherished residences are the results of paint. Our efforts will reflect the spirit of Coleman citizens during the trying times in the coal industry. It will show the government and others that we are not beat, but deserve a much better break for our coal industry.

We suggest that all citizens get out the paint and brush along with these citizens listed below who either have started or will start "paint up" this week.

Jones Motors — Town Hall — Town Mainline Shop — Wm. Kosma House — Bank of Commerce — Red and White Store — Coleman Journal — Kovach residence — Rudy's Shoe Store and residence — Modern Electric — Holyk's Store and residence — Empire Hotel — Pete Garage — Pattinson Hardware — Drug Store — Fireman's Ltd. — Zaks — Chalmers Jewellery — Slim's Tire Shop — Benck's Store — Coleman Cleaners — Gell's Building Supplies — Canadian Legion — Flewch's Building — Grand Union — Motordome — Kananaskis Service.

There are many others who have been contacted by letter in regards to their property being painted up. There are still a few business houses on the parade route who have not submitted their intentions as yet, but it is certainly hoped that they will not be lacking in this effort.

Pass Town Roads To Be Hard Surfaced

Several Pass roads will receive a hard-surfacing coat this year to put the roads in better condition.

Willow drive in the improvement district just out of west Coleman will receive a hard-surface coat this year which will improve the road and also settle the dust.

Work is also being done on the No. 3 highway through Blairmore, Maple Leaf road will also be surfaced.

The new road into Hillcrest has been started with the new entrance being east of the former one. The old bridge over Drum Creek has been torn out and a small foot bridge being built. The traffic bridge has also been moved to a site a block east of the present location.

West Coleman Residence Damaged By Vandalism

Vandals were at work on Friday evening when the house owned by Joe Malanchuk was entered and windows broken, the water left turned on. This residence has been empty since last fall. Chief of Police Corsan is investigating, and possible charges of breaching and entering will be laid on those persons when apprehended.

A T A Officer 'Pass Speaker'

HILLCREST — Approximately 40 members of the Crown's Nest Pass local of the Alberta Teachers Association attended a meeting held in Hillcrest School Thursday evening, when Robert MacIntosh, southwestern Alberta ATA representative of Taber, was the guest speaker.

Mr. MacIntosh addressed the meeting on "Professionalism." He suggested ways in which teachers can become more professional pointing out that teaching will become a true profession only when teachers think and act professionally. He stated that as professional people, teachers must not think their jobs as merely a 9 a.m. to 4 p.m. job, but must engage themselves in all activities that concern their work and perform the duties of the teaching profession faithfully. Teachers must always strive for improvement in their qualifications as professional people.

Mr. MacIntosh was given suggestions to take back to the central executive and told to express the local's desire for strong action by the central executive.

After the meeting a lunch was served by the Hillcrest staff. Mr. MacIntosh was thanked by the group for being present.

Elk's Jackpot Still Safe

The Elks Lodge again were able to keep their \$100.00 Jackpot on Thursday night when all in attendance tried their best to win it. However, when the 56 numbers were called none was able to claim it. Mrs. A. Hardy and Mrs. F. Hirst split the consolation prize. It was announced that the end of the season attendance Jackpot will be played for on Friday June 29. The Elks are contemplating holding a Bingo night in July and August but final plans have not been made as yet.

Lucky winners for the other lovely prizes were: 1. Milk, Coffee, Sugar — Mrs. W. Ford; 2. TV Lamp — Mrs. A. Kubla; 3. \$10.00 Cash — was split by Mrs. H. Zak, Mrs. V. Proc and Mrs. A. Brusnak, Bellevue; 4. TV Ash Tray — Miss R. Vanoni, Blairmore; 5. Grocery Hamper — Miss H. Gejdoss; 6. \$25.00 Cash — split by J. Bartoletti and H. Asacki; 7. Grocery Hamper — T. Kiamuchi; 8. Foam Pillows — H. Collins; 9. Fishing Rod — W. White; 10. Sport Shirt — W. Lonsbury; 11. TV Hassock — Mrs. M. Kubin.

Consolation prizes were won by Mrs. J. Derbyshire, Mrs. M. Joseph, W. Kubla and Mrs. M. Fleming.

At the next Bingo Friday June 15, the Jackpot will be \$110. in 57 numbers.

100 Men Speeding Work On New Plant

Canadian Gulf Oil Company reports that work on Gulf's big new sulphur plant at Pincher Creek is moving ahead on schedule. Sulphur will be extracted from natural gas produced in the Pincher Creek field. Excess gas will be returned to the ground pending completion of the Trans-Canada pipeline.

The Pincher Creek correspondent reports that work on the plant was delayed earlier this month by two weeks of snow and rain. With the return of favorable weather, approximately 100 construction workers now are on the job.

A road is being built into the plant site. Two to three railway carloads of pipe and heavy machinery are arriving at Pincher Creek daily. Foundations have been poured for workshop, warehouse and garage buildings, and work is going ahead on a main compressor building. Grading of the plant site is almost completed.

Pincher Creek also is the "jumping off" point for a wildcat well which Shell Oil Company is drilling at Waterton Lakes. Seventeen cars of equipment for this well were unloaded there recently. High altitude mountain streams have made access to the well site difficult.



● ADDITION TO ROYAL YORK HOTEL: This architect's drawings shows how the Royal York Hotel in Toronto will look when the new \$19,000,000, 400-room, air-conditioned addition east of the present structure is completed by late in 1958. In announcing the new wing, W. R. Crump, president of the Canadian Pacific Railway said excavation was expected to start next November. It will increase total room capacity to 1,600, and the addition of several banquet rooms, one with capacity for 3,000 will enable Toronto to maintain its position as Canada's leading convention city. The addition to the famed hotel is shown on the right of the drawing.



At last — really portable TV

Latest advance in TV is this admirable portable set which even a child can carry. This amazingly compact set weighs only 6½ pounds in aluminum and measures only 8 7/16" by 10 11/16" by 13 13/16". A telescopic rabbit ear antenna can be attached to the back of the cabinet and folded out of sight when not in use.

Persistent weeds reported to be in retreat in Manitoba

Weeds, states Manitoba's Weeds Commission chairman, H. E. Wood, are finally in retreat. In an address to the Weed Control Conference held in Toronto, Mr. Wood stated that weed control is a complex, difficult and ever-changing problem. Weeds differ, he said, with changing soils, climatic conditions, and types of farming.

Strictly Fresh

It'll soon be time for mankind to put on its annual entertainment for the annual kingdom. Crochets will be flocking to the zoos.

Fellow next door to us is in spring training. Gave to sleep on each mattress as he hauls it out to be aired in the yard.

Fellow across the desk from us finally caught a television set. He's delighted with it. TV, he says.



keeps the family in the living room while he reads in the bedroom.

Fashion's "E" line is what the women take to the stores as soon as new dress creations are advertised.

We hate to buy inexpensive costume jewelry. Mama picks out such expensive costumes to go with our selections.

Forest conservation speakers available

REGINA. — Speakers on forest conservation will be supplied to service clubs and other organizations in the province holding meetings during Forest Conservation Week, May 19 to 26.

A list of available speakers has been drawn up and a number of service clubs and other organizations have been contacted directly by the Department of Natural Resources, Saskatchewan Board of Trade and Saskatchewan Fish and Game League, which are sponsoring the provincial program. However, officials pointed out that it was impossible to contact directly all organizations that might be interested.

Any organizations wishing speakers on forest conservation during that week are asked to forward their requests before May 1st to M. P. McConnell, Forest Conservation Week Co-ordinator, Department of Natural Resources, Regina.

Influenza has been known since about 400 B.C.

A survey made last summer in North Dakota showed an entirely different group of weed problems from those reported in a similar survey made 33 years ago.

In the past decade, however, farm mechanization and herbicides have made significant advances in the control of weeds, Mr. Wood reported.

Modern implements enable farmers to do a more timely and better job of destroying weeds by tillage—the basic method of weed control. Herbicides, headed up by 2,4-D, have been effective in controlling many troublesome weeds in crops and pastures.

In a review of the success Manitoba has had in eradicating Leafy Spurge and other persistent perennial weeds over the past 16 years, Mr. Wood demonstrated that even the most persistent weed can be controlled.

\$750,000 Spent

Under government-municipal teamwork, he said, \$750,000 has been spent in the application of soil-sterilizing chemicals to many thousands of small patches of persistent weeds.

Extensive infestations have been tackled by intensive cultivation alternated with cropping. On non-arable land, sheep have been of assistance.

Some 14 million acres were treated last year throughout the prairies with selective or systematic chemicals, Mr. Wood reported.

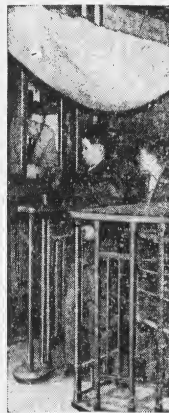
A survey indicated, he said, that for an estimated cost of \$10 million, a saving of 53 million bushels of grain could be made. Weed authorities agree, he added, that at least 20 to 25 million acres could and should be chemically treated.

Experimental work carried out by the University of Manitoba was illustrated by the speaker through use of slides. The university experiments, he said, show the advantages of early treatment of fields by chemicals.

One series of plots showed flux yields raised from 11 bushel per acre to 14 bushels by early treatment.

IODIZED SALT

Iodine in small quantities is essential to prevent simple goitre. For those who live in inland areas where there is no natural iodine in water or soil, it is necessary to use iodized salt to supply the lack. The mineral is present in saltwater fish and other seafood. Iodized salt, containing this mineral, is used in cooking or at the table.



Ceiling Prices — Tall children get short-changed at this turnstile entrance to the London, England, zoo. If their heads touch the canvas canopy, they pay full admission fee. The arbitrary "ceiling price" saves wear and tear on the cashier's nerves on busy days.

Labels give fibre content of materials

There are more than 1,500 different types of fibres on the market today. Many of the new fibres and blends developed in the last 10 years stand up well in wear. But it has become increasingly difficult for buyers, retailers, consumers and cleaners to know what to expect in performance from such a bewildering variety.

New legislation called the Textiles Materials Marking Regulation which became effective on January 1st of this year provides for correct fibre content description and should prove helpful.

Many manufacturers already supply labels which give useful information as to fibre content, finish, whether the fabric is pre-shrunk, color-fast, washable, and points of care in laundering or cleaning.

These labels should not be discarded after one reading. It is difficult to remember any special instructions. And although commercial cleaners have considerable fabric "know-how," they always welcome specific instructions on cleaning which the manufacturer may recommend on the label.

When there is no useful label on a garment, it is best to ask the sales clerk or manager for information and to try and obtain a guarantee that both the garment and trimmings may be safely cleaned.

QUART FOR KIDNEYS

Of every gallon of blood pumped by the heart, more than a quart passes through the kidneys.

The Pattern Shop

PULL-OUT BINS

Handy storage in the kitchen; hanging drapes

Pull-out bins are the answer to many household storage problems. Here are two of the handiest—new can put together without frustration. Both cabinets are sink and stove high and the directions



on the pattern illustrate how to apply heat-treated tops to match kitchen counters. To save steps put one of these bins at the end of a passage, in the bathroom or a closet. As a time and motion saver the two-bin vegetable cabinet is unequalled for the space it takes. Pattern for both bins will be mailed for 35c. If you are planning a kitchen the packet of five standard patterns for new or remodeled kitchen will be useful to you. Price of packet is \$1.50.

There is more to hanging curtains and draperies than meets the eye. There is the matter of fixtures—the right kind and how to place them. A valance shelf may be needed, or a simple cornice box. These questions arise whether curtains are made at home or bought ready-made. If material is bought by the yard there are sewing details that will make the difference between a home-made and a professional job. Measurements are important too. How much to allow for headings, hems and shrinkage? Or how much fullness for different kinds of material? Pattern 325 illustrates the steps in measuring to avoid waste; the various fixtures; rigging, lining problem windows. Price of pattern is 35c postpaid.

Address order to:

Home Workshop Patterns
Department P.P.L.,
4433 West 5th Avenue,
Vancouver, B.C.

Good-Morning! C.N.I.B.

R. V. RUDOLPH,
Field Secretary, C.N.I.B.

Those who telephone, or call in person, at the new Canadian National Institute for the Blind Service Centre at 2550 Broad Street, Regina, seldom realize that the pleasant voice on the phone or the attractive girl who greets them at the counter has a first-hand knowledge of the problems of those whom she serves.

Anita Whipple, of Earl Grey, Saskatchewan, a valued staff member in the office of the C.N.I.B., has less than 10 percent of normal vision herself. Born and raised on a farm near Earl Grey, Anita obtained her education in the public and high schools near her home.

When she had completed her Grade Twelve, she came to Balfour Technical School in Regina to take a business course. She found there that, because of her visual handicap, she would have to take a very specialized type of course, and therefore settled on the career of Dictaphone-typist.

At the completion of her training at Balfour Tech, she worked for a few days in an insurance office, but found that certain aspects of the work there could not be handled, again because of her visual difficulty.

The way seemed blocked, but when an opening occurred on the office staff at the C.N.I.B. in Regina, Anita was given the opportunity. Since her placement there, she has proven her worth as telephone girl, receptionist, and Dictaphone-typist.

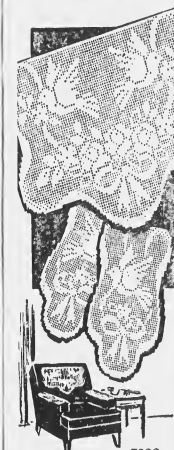
Mr. R. C. Purse, executive officer for the Canadian National Institute for the Blind, South Saskatchewan, says that Anita's efficiency augurs well for the possibility of placing more blind Dictaphone-typists in offices throughout the district.

SWIMMING, A LIFESAVER

A practical knowledge of swimming is important to everyone. Not only is it a healthy form of exercise but it can be a lifesaver in case of emergency in the water. Most larger communities have facilities for swimming lessons and it is a good idea to take advantage of these, especially if they are available during the winter. Youngsters should be taught to swim as soon as they are able to understand the instruction.

LOVELY CROCHET SET

For chairs or buffet; bird and rose design



7338
by Alice Brooks

Beautify your home with this elegant set for chairs or buffet. Crocheted bird-and-rose design—formed by simple filet crochet!

Pattern 7338: Charts, directions for filet-crochet set in No. 50 mercerized cotton. Chair-back 13x16 inches; armrest 6x12 inches.

Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Write plainly: Size, Name, Address and Style Number and send orders to:

Household Arts Department,
Department P.P.L.,
60 Front Street W., Toronto.

Order our ALICE BROOKS Needlecraft Catalogue. Enjoy pages and pages of exciting new designs—knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

Fashions

Week's sew-thrifty



4532-10-18
by Anne Adams

Brighten your summer, sew these gay fashions now so wonderful for sun and fun! Crocheted T-shirt with convertible neck-line, slim-trim shorts, pedal pushers too! Perfect styles for hardy denim, snitch, rayon—in bold patterns, soft pastels!

Pattern 4532: Misses' Sizes 10, 12, 14, 16, 18. Size 16 shirt, 2 1/2 yards 33-inch; shorts, 1 1/2 yards. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted) to:

Anne Adams Pattern Dept.,
Department P.P.L.,
60 Front Street W., Toronto.
Be sure to write plainly your Name, Address and Pattern Number.

Manitoba sugar beet growers report good returns for 1955

Manitoba's 850 sugar beet growers whose harvest in 1955 was sufficient to supply 75 percent of the province's sugar needs, reached an early settlement this year on their contract with the Manitoba Sugar company limited.

Officials of the company said the contract calls for a "moderate increase" over last year's return to the growers, who are represented by the Manitoba Sugar Beet Growers' association, with Lee Tully of Oakville as president.

A representative of the growers said the major point in this year's contract was the fact the growers would share in the net return, instead of a price per ton based on sugar content of the beets plus net return.

Announcement of the successful end of negotiations between growers and company was made by J. S. McDiarmid and W. R. Hetherington, company sales manager and assistant general manager respectively, and Mr. Tully.

Return to the growers during the year is expected to amount to about \$2,750,000 with approximately a \$150 gross return per acre.

Outlook good
Last year, sugar production totalled in excess of 50,000,000 pounds, and the outlook for this year has been termed "good".

The company officials emphasized that one of the big benefits to a farmer in turning out beet-growing is that it is a cash crop "plus the fact that it fits well into a rotation scheme."

Mr. Tully said the association was vitally interested in the consumption of Manitoba sugar by the residents of Manitoba.

"Elimination of imported sugar means greater production of Manitoba sugar, which, in turn, means greater acreage of sugar beets grown, with a consequent increase of cash return to the agricultural industry of our province. This, of course, is of the utmost importance to the rural business man who in turn can promote the use of Manitoba sugar without hesitation as to comparable price and quality."

"Virus-free" strawberries

Striking differences in yielding capacity between virus-free and non-virus-free strains of three strawberry varieties were found in 1955 at Charlottetown, P.E.I. For the virus-free strains of the varieties Catskill, Sparkle and Premier the yields per acre of berries were 13,269 quarts, 15,006, and 12,614 quarts respectively. The corresponding yields from the non-virus-free strains were 5,837 quarts, 9,318, and 8,832 quarts respectively. The yield differences in the value of Experimenta Farms work of the Canada Department of Agriculture in identifying and indexing virus disease resistant strains of strawberry varieties.

COURTESY PAYS OFF

How To Hold FALSE TEETH More Firmly In Place

Do your false teeth annoy and embarrass by slipping, dropping or wobbling when you eat, laugh or talk? Get a little HEM-ROLLER today! Your plates. This alkaline (non-acid) powder holds false teeth more firmly and more comfortably. No gummy, gooey, pasty taste or feeling. Does not sour. Checks "plaque odor" (denture breath). Get FASTREX today as any drug store.

Quick, Easy Way To Shrink Painful Piles

Here is a nice, clean, easy way to get relief from the nagging distress of swollen, painful piles without the inconvenience of ointments, pile pipes or suppositories. The secret is in taking just one small HEM-ROLLER Tablet, with water, two or three times a day. Works through effective INTERVAL action. Quickly eases constipation, relieves itching, soreness and pain. Helps shrink pile and permits them to heal. Why suffer needlessly when HEM-ROLLER offers you so much. Get a package today. See for yourself how nice it is and how much use, how effective it is and how much relief it will quickly bring you. All drug stores. Low cost. Money refunded if you are not 100% pleased.

"Corn Starch Makes Tasty Casserole Dishes!"

CHEESE AND EGG CASSEROLE

3 tablespoons MAZOLA Salad Oil
1/2 teaspoon salt
1 1/2 tablespoons BENSON'S or CANADA Corn Starch
1 1/2 cups milk
1/2 cup grated cheese
4 hard-cooked eggs, sliced
2 cups canned peas, drained
COMBINE MAZOLA, salt and BENSON'S or CANADA Corn Starch in saucepan.
ADD milk slowly; cook until thick, stirring constantly.
ADD cheese; continue cooking until cheese melts.
ARRANGE hard-cooked eggs and peas in layers in 1-quart casserole.
POUR cheese sauce over top.
BAKE in moderate oven (350° F) 30 to 35 minutes.
YIELD: 4 servings.

Cheese and Egg Plate: COMBINE first 5 ingredients as directed above in top of double boiler. COOK over boiling water until cheese melts. ADD sliced eggs and peas; continue heating 20 to 25 minutes, stirring occasionally. SERVE hot on buttered toast; garnish with crisp bacon.



For free folder of other delicious recipes, write to:

Jane Ashley,
Home Service Department,
THE CANADA STARCH COMPANY
LIMITED,
P.O. Box 129, Montreal, P.Q.

Vaccination of calves being urged

REGINA. — Dr. T. V. Johnston, provincial veterinarian, advised Saskatchewan stockmen to vaccinate their young cattle against Blackleg and Malignant Edema before putting them out to pasture for the summer.

Before vaccinating, however, those who put cattle in community pastures for the grazing season should check to see what treatment animals receive on entering the pasture. Many pastures in the province provide vaccination services at a very reasonable cost.

In areas where Hemorrhagic Septicemia (shipping fever) has been a problem in past years, animals should be vaccinated for this disease at the same time they get treatment against Blackleg and Malignant Edema vaccine can be purchased mixed, and the two may be applied in one operation. Hemorrhagic Septicemia vaccine may be injected at the same time, but preferably in a different site, Dr. Johnston said.

Increased incidence of Blackleg has been reported from various parts of Saskatchewan over the last few years. Especially in these areas where Blackleg has been a problem, farmers would do well to act now, vaccinating young cattle before they are sent out to summer pasture. Calves treated last year as well as those not done should be vaccinated at this time in order to prevent possible serious losses later on.

Queen lays foundation stone new cathedral

The Queen, accompanied by the Duke of Edinburgh, laid the foundation stone of the new Coventry Cathedral recently.

The original building was destroyed by German bombers in November, 1940. A competition for a design of a new building to incorporate the remains of the old was won by Mr. Basil Spence in 1944.

In his plan, the remains of the old Cathedral, which include its spire, will remain as an atrium to the new, forming a Garden of Rest. It is joined to the new building by a colonnaded porch, separated from the nave of the new Cathedral by five screens of glass which can be sunk into the floor to enable the new and the old buildings to be joined together for worship on appropriate occasions.

In the words of the architect, the new cathedral "should grow out of the old cathedral and be in complete without it." Structurally, the new building consists of a shell concrete vault resting on tall steel-and-concrete columns and walls of stone, pink-grey like the old cathedral. A feature of the design is the Chapel of Unity, which is star-shaped in plan and in elevation is like a crusader's tent. Of this the designer said: "I looked upon this as being in the nature of a modern crusade for Christianity, the basis of which is the Star of Bethlehem."

Another feature of the new cathedral is that light from all the windows is thrown towards the altar which will be built from the rubble of the old cathedral and surmounted by a charred cross, another reminder of the damage caused by war.

The new cathedral will be capable of accommodating a congregation of 1,600, but when the glass screens are lowered, it will be open to the whole population of the city.

Discuss fears of young children

Young children should not have unnatural fears. They may fear things which they know will hurt them, but fear of the dark or of imaginary horrors should be threatened with the "bogeyman" or be punished by isolation in a dark room. If a youngster shows signs of being afraid of non-harmful or imaginary objects, he can often be helped by discussion of the trouble with his parents who should help him analyse the matter. He should never be ridiculed about his terrors. He should be encouraged to talk these matters over with his family seniors.

LOSE A MINUTE—SAVE A LIFE.

The Sports Clinic

(An official department of the Canadian Amateur Sport and Physical Fitness Development Service)
By Lloyd Percival

How to get into condition

What is the correct way to condition for track and field? Right now, thousands of youngsters across the country are thinking about taking up running, hoping to win an event at their school track meet. Probably, some of them have already started training. Many will be training under good supervision. But even more will be on their own; their training schedules will probably consist of going out and just plain running—for two, three, four or even five miles. As their condition begins to improve, they will start adding distance.

This is one of the commonest mistakes that the average young Canadian runner makes—the idea that training is merely a matter of going out and putting miles under your feet.

This system went out of style many, many years ago. All top runners in the world now train on some variation of the interval principle. Briefly, what you do is this.

An interval much less than the distance being trained for is repeated a set number of times, with a jog of the same distance in between. For example, the athletic training for the mile might run repeated quarter miles, jogging a quarter in between. He runs these at a pace somewhat faster than he will run in his race. Many runners set 10 as the number to be repeated, starting the season at a pace they can handle and gradually increasing the speed with which they do the quarters as the season progresses. For variety, the interval should be changed from workout to workout—quarters one day, 150's the next, three-quarters the next, etc. The shorter the distance, the faster it should be run and the more repetitions should be done.

Variations of this schedule can be used to condition athletes in events from the 100 yard dash up to the marathon.

Protein plays its part

Track and field athletes—and

athletes in other sports too—frequently complain about lack of physical vigor, particularly the day after a hard workout or game.

A study of these athletes showed that many were eating insufficient amounts of protein foods. These foods are important because they help build, sustain and repair tissue. In this way they help create that feeling of vigor which is so important if the athlete is to play hard.

Examining facts uncovered by this study, it was found that most protein-deficient athletes were in this way because they failed to get enough dairy foods—milk, cheese, ice cream and other such foods made from dairy products. These foods are all high in protein besides other important food elements needed in the regular diet of any active athlete. We suggest that every athlete examine his diet now, and boost his protein intake with dairy foods as soon as possible.

Sports College has announced a national service for the development of amateur sports and physical fitness in Canada. This newspaper is pleased to participate in this plan by presenting "The Sports Clinic" to its readers in the best interests of this community. Further information may be obtained by writing to Sports College, Box 99, Toronto 1, Ont.

Weekly Crossword Puzzle

Insect

HORIZONTAL 55 Employ
1,4 Depicted 56 Mark of a wound
8 Its larvae hide 57 Paradise
12 Recent 58 Sleeping place in

VERTICAL
13 Unemployed 1 Wreath
14 Scent 2 Nullity
15 Fast 3 Number
16 Grinding 4 Fruit
18 Eggs 5 Image
19 District 6 Spanish jug
20 attorney (ab.) 7 Tidy
21 Connected 8 Thus
22 Not (prefix) 9 Stir
23 Volcano in 10 Beginner
24 Sicily 11 Plays
25 Worthless 17 Concerning

(Bib.)
27 Flesh food
28 Playing cards
29 Timely term (ab.)
30 Copper coin (ab.)
31 Platinum (symbol)
32 Colloquial greeting
33 Preserve
34 Disputed
35 Passage in the brain
36 Opposed
40 Artificial language
41 Comforts
47 Preposition
48 Abstract bel.
50 Phase
51 Tooth on a wheel
52 Bites
54 Queen of Carthage



BOY OF THE YEAR — Frank Boyce, 13, of Elizabeth City, N.C., is the Boys' Clubs of America "Boy of the Year." He's shown holding the Junior Citizenship Award for his "services to home, church, school, community and Boys' Clubs."

Kindly thief changes plan

A Tucson, Arizona, couple tacked this note on the door and left for a shopping trip downtown:

"Dear Keith: Have a drink and enjoy the fights. Lock up when you leave."

Keith couldn't make it. But someone else did. This is what the couple found:

"My name is not Keith. I enjoyed the drink, though. I did not steal anything as I had planned to, and I'll tell my friends to keep away from here, too."

"P.S.—I locked the door."

Quick Canadian Quiz

1. Name Canada's largest and smallest national parks.
2. In 1955 which was greater, the number of new families created in Canada or the number of new homes built?
3. Of the estimated 90,000 persons in the labor force in the city of Ottawa, how many are employed by the federal government?
4. The mineral-rich Canadian, or Precambrian, Shield occupies what proportion of Canada's total area?
5. Canada's exports last year totalled \$4,351 million. Was the value of imports more or less than this amount?

(Answers in another column)

The highest stone in an arch is known as the keystone.

Cites causes of unpopularity of intellectuals

A Middlebury College, Vermont, U.S.A., professor cites four characteristics of intellectuals that make them unpopular with others. Prof. Pardon Tillinghast noted that intellectuals hesitate about making up their minds, consider problems on the basis of logic rather than commonsense, fail to participate in community activities and maintain changing values. The anti-intellectual who is basically conservative, he contended, considers himself very moral, is prejudiced against those who dissent, finds new ideas threatening and is bored by those who take themselves too seriously. On the other hand, the intellectual tends to feel that anti-intellectuals are fairly rascous, do not think for themselves and are moved by mass standards.

BE A COURTEOUS DRIVER

Ticklers

By George



"Yesterday you said that a bear chased you! What's your alibi this morning for being late for school?"

Ten Word INTELLIGRAM

Check the correct word:

- 1—A major air crash at (Pittsburgh) (Seattle) marred the Easter holiday.
- 2—Over (20) (50) were killed.
- 3—A major milk strike recently plagued (Detroit) (New York City).
- 4—New director of the Budget Bureau is (Rowland Hughes) (Percival Brundage).
- 5—Island of Cyprus is a British (Crown Colony) (Commonwealth).
- 6—Majority of the inhabitants are (Greek) (Turkish).
- 7—Capital of the strife-torn island is (Nicosia) (Limassol).
- 8—India says she (is) (is not) considering purchase of arms from Russia.
- 9—Joseph Stalin's body (may) (will) be removed from mausoleum in Red Square.
- 10—It presently rests beside body of (Lenin) (Trotsky).

Count 10 for each correct choice. A score of 6-20 is poor, 30-60, average, 70-80, superior, 90-100, very superior.

Decoded Intelligram

1—Pittsburgh 2—20 3—Detroit 4—Brundage 5—Crown Colony, 6—Turkish 7—Nicosia 8—Is 9—May 10—Lenin

—By Chuck T. and day

PEGGY



THE TILLERS



—By Les Carroll



ANSWERS TO QUICK QUIZ

3. Imports totalled \$4,711 million, a record high, leaving an unfavorable trade balance of \$360 million. 3. About 30,000 are government employees. 1. Wood Buffalo Wild Animal Park, 17,300 sq miles; Fort Chambly (Que.) Historic Park, 2.5 acres. 4. Nearly half. 2. Number of new families, 90,000; number of new homes built, 127,000. \$191

Accident rate can be reduced doctor asserts

"In Canada approximately 3,000 deaths result from motor vehicle accident alone each year," writes Dr. C. Collins-Williams, F.R.C.P., in the current issue of Health Magazine, official publication of the Health League of Canada.

"For every fatal accident there are at least 100 accidents which cause severe disability and often a permanent crippling. In other words, for every family that is bereaved by the loss of a loved one, because of an accident, there are 100 families which have the worry and economic distress due to serious accidents which often leave the member of the family seriously crippled, perhaps permanently.

Dr. Collins-Williams pointed out that an important phase of accidents closely concerning parents

is that of accidents which occur in the home. In the United States in 1953, there were over four million injuries suffered in the homes there, resulting in 29,000 deaths, and costing \$750 millions of dollars, not including property damage due to fire.

Similar figures for Canada would mean about 400,000 accidents a year, with nearly 3,000 deaths, and costing approximately \$75 millions of dollars.

These accidents alone are the responsibility of the parent, who can do a great deal towards their prevention, Dr. Collins-Williams feels.

"If every parent were to spend just one hour going through his house with these accidents in mind, he would be sure to find a great many ways in which a small child might either hurt himself, poison himself, or burn himself, and many times this possibility can be prevented or minimized by a few minutes work."

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The Coleman Journal

THE COLEMAN JOURNAL

Published Wednesday at Coleman, Alberta
Authorized as 2nd-Class Mail by the Post Office Department at Ottawa
T. Holstead, Publisher
Subscription Rates \$3.00 per year, Foreign \$4.00 per year. Single 7c

TRUTH PERSISTS

(By Ambrose Hills)

Some years ago the Weekly Newspaper Editors placed a brief before a parliamentary inquiry into broadcasting. It was a "hot" brief, a very straightforward brief.

Its recommendations did not seem to carry the day, however, and presumably the editors were discouraged or at least disappointed that their warnings were apparently ignored.

But there is something very wonderful about the printed truth. It lives!

The other day in Winnipeg, an MLA, a Liberal, told the Royal Commission on Broadcasting that it was the editors' brief that had started him studying the subject, and that he had reached the conclusion that the present system needs reform. He re-filed the newspaper brief.

Perhaps the Royal Commission will also ignore it when they write their recommendations. If so, I will wager dollars to doughnuts it will come up again, no matter how often it is sat on. Converts are made.

Many people are very fond of CBC because the CBC does some wonderful work. I often listen to CBC and often approve very highly the programs they present. But I fear their enormous political power. I was delighted to see that a Liberal MLA had the courage to say that he, too, feared this power. That politicians feared it, and that some of the newspapermen who write about political affairs feared it. When politicians can exert day to day control over a means of communication, an atmosphere of fear is almost certain to exist.

The CBC should not need the vast power it now has. This political influence could be removed. Mr. Dunton claims that this relationship with the private stations is on a sort of one-big-happy-family basis. Then why does he need power to force them into this relationship?

ADVERTISING SUBSIDY

(By Ambrose Hills)

When I first said in this column about a year ago that the CBC was subsidizing big advertisers, sometimes up to 40 per cent of the cost of the programs they "sponsored", the CBC public relations department attacked me. They wrote the editors of papers carrying my column to say how mistaken I was, and they denied my assertions vigorously.

They now sing a different song!

Before the Fowler Commission on Broadcasting they have admitted I was right. They do subsidize large advertisers up to 40 per cent. Why did they try to hide this scandalous business from the public?

They knew very well it would arouse public opinion, and it certainly has.

Mr. Joe Galonsky, fiery secretary of the Manitoba Farmers' Union, told the Royal Commission on Broadcasting in no uncertain terms that the farmers of Manitoba don't want to subsidize these big companies or their products. He asked why in the world Manitoba farmers should subsidize Canada Packers to help them sell margarine in competition with butter?

No one gave him an answer. There is no answer that makes sense. Many a farmer will wonder how the Canadian Federation of Agriculture could support the CBC to the degree it did.

The executive of the Canadian Federation of Agriculture might be wise to clear such things pretty carefully with rank-and-file farmers. Perhaps the officials are out of touch. Perhaps they are so delighted to get time on CBC and co-operation from the CBC that they have become blinded to some of the practices which take place within the Corporation.

The Manitoba Farmers' Union often does things which I am dead against. But on this broadcasting issue I think they took the stand that most farmers as individuals, would have taken. The CBC has grown to be a colossus! It is costing the taxpayers fabulous amount of money! It is subsidizing the big advertisers! Surely, it should have its wings clipped!

"PEACE RIVER JIM"

(To the tune of Davy Crockett, in tribute to "Peace River Jim Cornwall")

Peace River Jim of the Last Great West,
"Apostle of the North," he passed every test;

In Canada's life he was one of the best,
Now, at eighty-six, he's gone to his rest.

Peace River Jim, Peace River Jim,
One of our great pioneers.

Born in the East back in sixty-nine,
Born with the knowledge that Life could be fine.

At fourteen he was working South of the Line;
Full soon he was sailing afar on the brine.

Peace River, Peace River Jim,
Daring young pioneer

Came to Alberta in ninety-six,
Found the Crow's Nest in a bit of a fix,

Helped the railway lay down some sticks;
At Macleod and Nelson he put in some licks.

Peace River, Peace River Jim,
Greatest of young pioneers!

Went to the Arctic with dog-team and sled,
Guiding and trapping he earned his bread;

Carried the mail o'er the wilderness dread,
His canoe ran the rapids wherever they led.

Peace River, Peace River Jim,
Venturesome pioneer.

Learned to talk in the Dog Rib lingo,
Cree, hipwayn, and Eskimo.

Then back to Peace River again did go;
Went on to Ottawa, what do you know?

Peace River, Peace River Jim,
Sent by our pioneers.

When came the day of the First Great War
In the Irish Guards he was leading star,

Carried the torch for Peace River far
Til honored he was with a DSO-Bar.

Peace River, Peace River Jim,
Bravest of great pioneers!

Peace River, Peace River Jim,
Greatest of brave pioneers!

S. EVANGELINE WARREN Vauxhall.

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1. Does he pay taxes in this community?
2. Can he supply your order on short notice?
3. Does he donate space in the newspaper to your local community enterprises?
4. Does he pay wages to a force of employees located in Coleman?
5. Does his newspaper donate its space toward the betterment and upbuilding of this community?
6. Does he grant you every favor that you would ordinarily ask your local newspaper?
7. Does the quality of his merchandise stand inspection?
8. Does his price include sales tax, postage and insurance charges?

If he can answer ALL the above questions in the affirmative, he has an equal right to your business.

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A-Cup 32-36; B-Cup 32-38; C-Cup 32-40
Regular: nylon \$3.00; cotton \$2.50
Lingerie: nylon \$4.00; cotton \$3.50

Karess is only by **C. J. GRENIER LTD., MONTREAL**
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Good Material and Fine Workmanship go into our products

Be sure you have some of our delicious, wholesome pastry ready to put on the table when company calls.

Timmerman's Bellevue Bakery Products

A. Timmerman, Proprietor.

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Coleman Men Form Little And Pony League Baseball

Seven highly interested Coleman men have formed a Pony and Little League baseball circuit.

They have informed us that one Pony team and one Little League team have been entered in the Crow's Nest Pass circuit. Other teams are being formed for the local circuit. Over 130 youth have applied for these teams.

Mr. John Salus secretary stated that all of these youths will be placed on a team. There has been a rumor going around that only certain boys would be able to play. Mr. John Binda, when questioned on this rumor, stated "all boys can play in this league, providing they are not 15 years of age or before August 15."

Uniforms and equipment for the two teams entered in the CNP league is coming in every day. These lads are under the expert direction of Mr. George Yoshinaka, former manager of the Lethbridge Nelsies who has been appointed instructor for the Coleman league.

Other directors include men who are noted for their fine baseball experience especially in Coleman and district. Mr. Charlie Kilguschi and his brother Ted, Father Fleming, Joe Woveran, John Binda and John Salus. Considerable effort and time has been put in by these men. All the support that Coleman citizen can give will be greatly appreciated.

Watch our sport column from now on for news of this league. An interesting side-light on the Pony League is its source of name. P - stands for protect, O - our, N - nation's, Y - youth.

See you next week.

Waterfall Presents Striking Picture At Crow's Nest Lakes

CROW'S NEST — A beautiful mountain scene just south of No. 3 highway at Crow's Nest Lakes has created much interest among motorists travelling along the highway. Hundreds of visitors have stopped to view the waterfall that has been tumbling down the rocky face of a cliff over a thousand feet in height and spraying over the highway.

The miniature waterfall which may be seen near the highway, is an annual spring occurrence as melting snows on the top of the mountain pours through a crack in the rock wall and spews out over the highway. This spring it appears that the crack in the mountain was still filled with winter ice and snow and the reservoir on the mountain top brimmed over and came splashing down the side of the limestone cliff. With the ice in the hidden crack in the mountain now thawed out the stream down the cliff-side has disappeared but the water is still pouring out of a crack at the base of the hill and forms a beautiful refreshing sight along the highway.

When the water was at its full force here about a week ago, department of highways crews were obliged to clean out the channel along the roadside to let the water flow through a culvert beneath the road to prevent the waters from flooding over the top of the highway. At its peak, the spray of water from the falls at the base of the mountain sprayed passing cars with a coating of icy mountain water.

Hundreds of visitors travel to the area on Sundays to view the beautiful waterfall and afterwards spend time picnicking among the shores of Crow's Nest Lake.

Ft. Macleod Man Chosen Vice-Pres. Tourist Body

PERNIE, B.C. — Teller Dick of Pernie, was elected president of the Crow's Nest Pass Tourist Association at the annual meeting held in Pernie Sunday. Ted Kreutzer of Fort Macleod, was chosen vice-president, and Frank Butala, Pernie, acting secretary-treasurer. The executive members are O. Celli, Coleman, Frank Fry, Pincher Creek, Walter Oakley, Lundbreck, Jim Kerr, Coleman, George Allred, Waterton Lakes Park, Jack Colwell, Coleman, N. Huntley, Blairmore, Lorne Chrytal, Blairmore and Charles Chizek, Frank.

Jack Kerr of Frank, the retiring president, urged the association to consider taking out a membership in the Canadian Rockies Tourist Association as he felt that great benefits could be derived. The CRT Association mobile tour-

ist information unit at St. Mary's Junction in Glacier National Park would commence operations on June 16. The establishment of further mobile units is under consideration he said. The Alberta government was assisting by providing the St. Mary's unit.

Mr. Kerr also stated that a Montana goodwill tour to Alberta was arranged for August. The present itinerary called for an overnight stop at Lethbridge on Sunday, Aug. 12, at Calgary, Aug. 13, and Edmonton on Aug. 14. Some five hundred people are expected to take part in the tour. At Edmonton the tour will disband with those travelling in the group returning to Montana by routes of their own choice. Many of these would probably return by way of the Crow's Nest Pass.

Arrangements are being made to have radio speaker John Fisher, open the Coleman Rodeo on July 7. Mr. Fisher will talk on the Crow's Nest Pass attractions. The Association will commence a membership drive in the near future.

Constable Fear Plays Motorists

"Today there is an unfortunate lack of sympathetic understanding between the average motorist and the traffic officer," states Constable Ralph Fear in an article on safe driving written especially for the current issue of Health Magazine, official publication of the Health League of Canada.

"Every law and by-law enforced is passed with the protection of the majority in view. Consequently, when some member of the minority has his 'toes stepped on,' his right to express his views of any judicial body is immediately exercised." If this motorist had been made acquainted with the potential damage or injury his untoward action might have caused, he would be mollified, if not altogether reconciled.

"There is a tendency to view our own infractions with a very tolerant eye. Why, I was hardly moving when I went through that stop street!" When we are in charge of three thousand pounds of metal, and braking surface is limited to four rubber tires with road contact of less than six inches, it is criminal the chances we are apt to take.

The pedestrian feels a false sense of security while walking through an intersection "protected" by stop streets. Children are told to look both ways, etc., before crossing, but again they over-rely on protection afforded by the signs. It means that accidents "almost stop."

Engagement Announcement

Mr. and Mrs. H. Kobewka wish to announce the engagement of their daughter, Laura to Stanley Stauffer of Olds, Alberta. Wedding to take place on June 23rd, at St. Paul's United Church, Coleman.

Have you a question on unemployment insurance or employment?

In this column we publish questions about unemployment insurance and employment, together with answers received from the Unemployment Insurance Commission.

Following are some questions with answers which may be of interest to you.

(Q) It sometimes happens that payment of benefit is delayed because the employer has not returned the insurance book. Why should the insured person suffer in such cases?

(A) It is the worker's responsibility to obtain his book from his employer, on separation. However, if, after having taken reasonable steps to obtain the book and these have failed, the local office will assist him. In the meantime a claim for benefit may be proceeded with on the basis of previous contributions to avoid delay in payment. It sometimes happens, however, that a claimant cannot qualify without the contributions in the current book, and this does incur unavoidable delay. Workers should always get their books on separating when this is at all possible.

(Q) My husband has just died and left me only his insurance benefits. What am I entitled to draw?

(A) Unfortunately, no benefit is payable to you in respect of

Old? Get Pep, Vim

Feel Full of Vigor, Years Younger

MEN, WOMEN If old, weak, worn-out, all in, exhausted, try OTC's Tonic Tablets. Often needed after 40 by body old, run-down because lacking iron, increases vigor, vitality. Thousands feel full of pep, years younger. Quit being old. Get OTC's today. Trial size costs little. Or save money—ask to see Economy size—gives you 3 times more. At all druggists.

BUILDING CONTRACTORS

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RUBBER STAMPS

PROMPT SERVICE

The Coleman Journal

your late husband's claim except if he was on benefit at the time of his decease. Any benefit that was due to him up to the time of his death may be paid to you on application. You should see your local office regarding this.

(Q) Why are the employees at the payment counter interested in cutting down benefit days for a minor reason? Are they on a commission basis?

(A) Employees of the Commission have neither desire nor interest in reducing a claimant's benefit. They have, however, to see that payment is made in accordance with the Unemployment Insurance Act and Regulations. Any claimant dissatisfied with any ruling made at the payment counter may have his grievance reviewed by an insurance officer and if still dissatisfied, by the Board of Referees.

(Q) I happen to go to town often where there is another local office. I would rather do business with this office than my own which is some distance away from where I live. May I do this?

(A) A claimant must make application for benefit and subsequent reports to the local office serving the area in which he resides unless transportation facilities are such that another local office is more accessible.

(Q) I left my employment of my own free will because I wished to find other employment. I was unable to do this, and so presented a claim for benefit. This has been refused for six weeks. Why?

(A) You were disqualified for having voluntarily left your employment without just cause because you should not have given up one job until you had secured another.

(Q) How is it that my brother who is married pays the same contribution as I, who am single, and yet draws higher benefits?

(A) The cost is spread over all but because this is social insurance it takes account of the need of an unemployed person with a dependent. Moreover, usually persons who are single when they first start to pay contributions get married eventually and they reap the advantage at that time.

(Q) My husband is spending foolishly all the money received from unemployment insurance. I want to draw this money myself in future. May I?

(A) No, because benefit can be paid to the claimant and to no one else. You may, however, report the circumstances to the manager of the local office concerned who, if satisfied that the benefit being paid in cash is being misused, may arrange for payment being made by warrant addressed to your home.

(Q) What shall I do in order to draw unemployment insurance benefit after I get married? Will I have to work for some time? If my employer dismisses me and hires someone to replace me, and if I'm unable to find other work, will I be able to draw benefit. To what office shall I report to apply for benefit? I work in Montreal and live near Joliette.

(A) These are certain restrictions on the payment of benefit to women who are married less than two years. Generally, if you are working when you get married you will have to work for at least ten weeks in insured employment after leaving that job, in order to qualify for benefit. If you are unemployed when you get married then you will have to work for at least ten weeks after marriage.

These conditions may be waived, however, in certain circumstances, and it is suggested you enquire at your local office for full particulars.

World Happenings In Pictures



STUDY IN CONCENTRATION—Six-year-old Sharon Robertson is agile and a study in concentration as she practices hymn for the Davenport Festival of sacred praise and Bible reading at Old Davenport United Church, Toronto.



YOUNG PIPER—Sharon Robertson, one of the pipers with The Gaelic College "MacDonald Hundred" pipe band from Cape Breton, who gave a solo on the bag pipes during the band's performance at the Black Watch Armory. All members of the band are under 16 years of age and are now on a tour through eastern Canada and parts of the U.S.



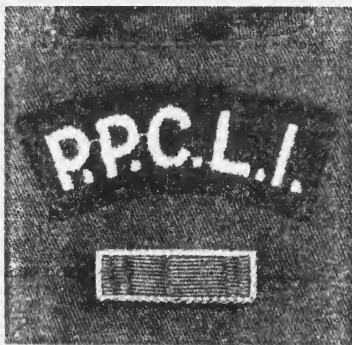
SEE YOU LATER—There's no guarantee that this is the "gator" the rock-and-roll addicts insist they'll see later. However, the alligator "hat" is a delectable Bronx cheer. A pair with a live alligator for a hat is enough to make any fellow rock back on his heels and yell in high gear for other parts. Madeleine Herrmann, of Salina, Kan., is only modeling the reptilian headpiece. She prefers her alligators skinned and fashioned into shoes and handbags.



ADOPTS KOREAN ORPHANS—Harry Holt, Creswell, Ore., farmer displays real talent as he performs quick change on one of his wards flown to Portland, Ore., from a Korean orphanage. Holt arrived with part of group of 12 he brought back for adoption. Holt adopted eight orphans from last year's "babydip".



CHARLES E. BOHLEN, U.S. Ambassador to Moscow, his left arm in a cast, arrives in Washington for talks with Secretary of State Dulles on U.S.-Soviet relations. Bohlen suffered a broken arm in a skiing accident while vacationing in Switzerland. The ambassador said his talks will cover many issues.



RIBBON FOR P.P.C.L.I.—The ribbon of the United States Presidential Citation, awarded to the 2nd Battalion, Princess Patricia's Canadian Light Infantry, for gallantry in Korea in 1951, is to be worn by past and present members of the unit, it is announced by Army Headquarters. The honor, unique in the history of the Canadian Army, was given for "extraordinary heroism and outstanding performance of duties against the enemy" near Kijong, Korea, April 24-25, 1951. The blue and gold insignia, one and three-eighths inches by a half-inch, will be worn on the sleeves of both arms immediately below the regimental flash.



SCREEN TEST—Droplets of rain water, caught in the mesh of a screen, act as tiny lenses to produce the film-strip-like sequences, above. Blank white square at left is one in which no droplet lodged. Photographer Clarence Leino, of West Allis, Wis., made the picture at ultraclose range. "Screen star" is his wife, La Verne.



JAPANESE WAR CRIMINAL RELEASED FROM PRISON—Lt. Gen. Kenryo Sato, left foreground, 61-year-old Japanese military leader who received a 10-year-to-life sentence for war crimes, is followed by friends and reporters as he leaves Tokyo's Sugamo prison. Formerly chief of the Military Affairs Bureau, he was the last of the war criminals to be released after serving part of his sentence.

DID HER DUTY
A Halifax woman believes in co-operating with police in checking upon traffic law violators. She called police and reported her husband had failed to stop at a stop sign. She asked police to take action. Police said they advised the woman to consult the traffic division.



NATO FASHIONS—Each military unit adopts a different "attitude" when selecting parade dress for wear at NATO Southern European Headquarters, Naples, Italy. From left: Cpl. Franklin D. Thomas, USMC; Italian Carabinieri Mario Gallo and Capt. Federico Gasca-Queiraza, of Italy's Alpine Corps.

Pasture mixtures and method of seeding on irrigated land

OTTAWA.—Pasture mixtures on irrigated land fall into two general categories, temporary pastures which are meant to provide pasture for two to four years, and permanent pastures which are to be seeded down for periods in excess of six years.

According to R. W. Peake of the Lethbridge Experimental Farm, Canada Department of Agriculture, the most commonly used temporary pasture is a mixture of bromegrass and alfalfa, using 10 pounds of bromegrass and two of alfalfa. In this mixture, during the first year after seeding, there is

a high proportion of alfalfa and consequently there is a serious hazard of frost. This hazard is greatly reduced after the first growth has been cut.

The most suitable permanent pasture mixture for Southern Alberta is composed of bromegrass, seven pounds; orchard grass, seven pounds; creeping red fescue, four pounds; and white Dutch clover, two pounds, making a total of 20 pounds per acre. In this mixture, the bromegrass and orchard grass are both high yielding while the creeping red fescue provides an excellent soil. White Dutch clover is a palatable and highly nutritious legume.

On valuable land, it is important that the pasture be established as quickly as possible. Under favorable conditions, it is possible to obtain some grazing during the year of seeding. This can only be accomplished if the seed bed is firm and free of weeds. Because pastures will be down for some years, special attention should be given to floating the land to improve suitability for flood irrigation.

Best pasture stands are obtained by seeding the mixture alone, and only where soil drifting conditions exist, is it desirable to use a companion crop. Where this is necessary, the companion crop should be limited to a half seeding of oats which should be cut for green feed as early as possible.

The grain drill is entirely satisfactory for seeding provided that care be taken to prevent seeding too deeply. The seed should be placed in a firm seed bed in the upper inch of soil. Properly seeded, the right mixture will produce full grazing, but care should be taken to avoid trampling wet land until a firm soil is produced.

Funny and Otherwise

Mother wanted to spend Saturday in town, and father, an accountant, reluctantly agreed to give up his golf and spend the afternoon with the children. On the return of mother, father handed her the following report of the afternoon: "Dried tears—nine times. Tied shoes—12 times. Toy balloons purchased—three per child. Average life of a balloon—10 seconds. Cautions children not to cross road—21 times. Children crossed road—21 times. Number of Saturdays I will do this again—0."

The teenage daughter was very late home. "I agree we should have got back from the dance earlier, Dad, but Bob knew some new steps."

"Well, you don't have to sit on them until three o'clock in the morning," grumbled her father.

Evelyn: "He's so romantic. Every time he speaks to me he addresses me as 'Fair Lady.'"

June: "That's force of habit. He used to be a bus conductor."



SECONDHAND LUXURY—The lacy creation is a Jacques Fath original, marked down from \$375. The gray satin originally sold for \$500 and will go for something less than a third of its original price. Such secondhand "bargains" as these are available at a dress shop in New York, operated by Mrs. Florence Morris Barry, who is shown displaying the dresses. Her customers are members of the "carriage trade" who fancy an original creation, even if it is a hand-me-down.

Scientists still have lots to learn about Arctic wildlife

Chances are slim that the North American Arctic will yield any hitherto unknown species of birds or animals but scientists still have a lot to learn about the wildlife there.

"The study of the lives of arctic birds and animals on a systematic basis is just beginning," says C. H. D. Clarke, supervisor of wildlife management for the Ontario department of lands and forests.

Still far from complete is the scientists' task, an inventory showing different specific entities, their geographical variations and distribution in time and space. There is the commercial aspect, too, he writes in an article in the research journal *Arctic*, published by the Arctic Institute of North America.

"The productivity of the Arctic is low, a fact that is often masked by large aggregations of individuals, and wildlife resources may easily be depleted. They can make their proper contribution to the economy of the land only under scientific management."

Comprehensive research opportunities for the immense area exist in life history studies, animal populations, diseases and parasites, and physiology, he says.

Chances of stumbling across hitherto undetected species are "very limited," but he lists some research gaps to be filled.

The wolf has been studied in behavior, but "nothing has been done on the foxes." The caribou is still lacking a special study and "the social behavior of the muskox would also make a worthwhile study." The larger bears should be studied before it is too late.

He notes that scientists possess a "substantial outline of the arctic population cycles, a characteristic feature being the great variation annually. But most of the details are lacking."

Mr. Clarke says that Canada possesses only one laboratory equipped for biological work, "that of the defence research board at Fort Churchill, Man."

Dealing with existing collections of Arctic wildlife, Mr. Clarke recalls that the Smithsonian Institution is supposed to have dispatched barrels of rum northwards years ago. The idea was that trappers would return pickled specimens, but the story is that they drank the rum and returned well-prepared collections.

He says there are only "five good basic collections for the whole of the Yukon territory." The Northwest Territories are bet-

ter off, but virgin collecting areas exist on the Arctic mainland of Canada, west of Hudson Bay. Other large gaps exist, he says.

Intermediate wheatgrass

Intermediate wheatgrass has proved a useful forage plant on dry land in the Swift Current district of southwestern Saskatchewan, especially when grown with alfalfa for hay or pasture. In one typical test of grass-alfalfa mixtures for hay the following five year average yields of dry matter per acre were obtained: bromegrass-alfalfa, 1.05 tons; crested wheatgrass-alfalfa, 1.19 tons; and intermediate wheatgrass-alfalfa, 1.31 tons.

GARDEN NOTES—

Long handled tools save stooping, just as efficient

Long handled tools save stooping and backs, and often do the work just as well and a lot more quickly. It is surprising how accurate and quickly one can do thinning and weeding of even tiny stuff with a long handled harp melons.

That's pretty wasteful garden-laying. With the many varieties we have today, it is possible to spread even relatively short season things like corn, peas and spinach over weeks. This spreading can be further extended by planting each variety and type at least three times, first earlier than usual, then about the average time and finally two or three weeks later. In this way we get far more volume and far higher quality, too.

If the vegetable garden is a fair size and a little bigger than we really need for the whole season, it is an excellent idea and a labor saver to set a strip aside and plant this with some cover crop like buckwheat, oats, or clover, sown fairly thick and broadcast. Soon this crop takes over, chokes out the weeds, and we let it grow for several weeks. Then when we foot or so high and still green, we have it plowed or spaded under. In this way we save ourselves the trouble of constant cultivation to keep the weeds down and we do something more, we add valuable humus and fertility to the soil. It is really amazing what a few cover crops turned under will do in the way of loosening up the heaviest clay or adding what is termed body to sandy soil.

Year Round Enjoyment
The average European expects to get pleasure and food out of his garden every day in the year. Of course his winters are usually much milder, but we can learn a great deal from these experienced old country people just the same. In far too many cases the Canadian gardener thinks just of a few months in the summer and even Benjamin Franklin first proposed less when it comes to vegetables.

Except where the garden layout is very tiny, a sharp difference in levels can be really turned into an advantage. Here we can use something different, like a rock garden or a series of steps or a stone wall perhaps or out the weeds, and we let it grow for several weeks. Then when we foot or so high and still green, we have it plowed or spaded under. In this way we save ourselves the trouble of constant cultivation to keep the weeds down and we do something more, we add valuable humus and fertility to the soil. It is really amazing what a few cover crops turned under will do in the way of loosening up the heaviest clay or adding what is termed body to sandy soil.

Daylight Saving
Daylight saving time first was created by the United States 140 years after an American named Benjamin Franklin first proposed the plan.

Finer, tastier BREAD

Yours, with wonderful fast-rising DRY YEAST!



WHOLE WHEAT BREAD

Combine 3 c. boiling water, 1 c. granulated sugar, 4 tsp. salt and 1 lb. shortening; stir until sugar and salt are dissolved and shortening melted; cool to lukewarm. Meanwhile, measure into a large bowl 1 c. lukewarm water, 1 lb. granulated sugar, stir until sugar is dissolved. Sprinkle with 5 envelopes Fleischmann's Active Dry Yeast. Let stand 10 minutes, THEN stir well.

Stir in cooled sugar-shortening mixture. Combine 3 c. once sifted bread flour and 5 c. whole wheat or Graham flour. Stir about half of the flour into yeast mixture; beat until smooth. Work in remaining flour and add additional bread flour, if necessary, to

make a soft dough. Knead on lightly floured board until smooth and elastic. Place in greased bowl and grease top of dough. Cover and set in a warm place, free from draught. Let rise until doubled in bulk. Punch down dough; turn out on lightly floured board and divide into 4 equal portions; form into smooth balls. Cover lightly with cloth and let rest for 15 min. Shape into loaves; place in greased loaf pans (11" x 8 1/2"). Grease tops, cover and let rise until doubled in bulk. Bake in hot oven, 400°, for 20 min.; then reduce oven heat to moderate, 350°, and bake about 20 minutes longer.



MACDONALD'S
Fine Cut
Makes a better cigarette

A CHALLENGE TO EVERY PARENT!

93

Saskatchewan children were killed in accidents during 1955!

3,975

Saskatchewan children were treated in hospitals during 1955 for injuries received in accidents!



Plan now to observe

Saskatchewan Child Safety Day

Sunday, May 6th

in your home and in your community. Make a safety check of your own home and discuss results with your family. Teach safety by good example. Arrange now with your churches for special attention to parents' responsibility for child safety. Get the organizations to which you belong to hold weekday meetings to study accident facts and safety factors.

Most physicians and druggists will be pleased to tell you about home and childhood accidents. Free literature, including home safety checklists, is available in single copies or quantity lots to families, churches, schools and community organizations. Do it now, before more children are killed or hurt!

DIVISION OF HEALTH EDUCATION
Saskatchewan Department of Public Health
Provincial Health Building, Regina

Roxy Theatre

A Famous Players Affiliate

COMING ATTRACTIONS

Thursday and Friday, June 7 and 8

HAD A WAY WITH WOMEN—
WALTER HANLEY
The Adventures of HAJJI BABA
color by Deluxe
CINEMASCOPE
Presented by 20th Century Fox
JOHN DEREK • ELAINE STEWART

Saturday and Monday, June 9 and 11

"The Girl in the Red Velvet Swing"

Joan Collins • Ray Milland

The rise and fall of Evelyn Nesbit Thaw.....and the True-Life Story of the Murder of the Century.....the Headline-Screaming Shooting to Clear a Showgirl's Profaned Honor.

DRAMA in DELUXE COLOR

ADMISSION PRICES 65c, 40c and 30c

Matinee Saturday, June 9th, at 2 p.m.

Tuesday and Wednesday, June 12 and 13

"SLIGHTLY SCARLET"

John Payne • Rhonda Fleming

He Fought his Way to the Bottom with Brains, Bullets and Woman.....Out of the Shadows of a Vice, Ridden City.....Two Lovely Women not Exactly Crooked, not Exactly Straight.

Crime Drama • SuperScope • Technicolor

Personalities IN THE NEWS

Mr. W. Plante of Red Deer, was the guest of his parents, Mr. and Mrs. J. Plante over the week-end.

Mr. and Mrs. J. Rushton returned this week after visiting relatives and friends at Brooks.

Mr. and Mrs. R. Tiffin were Calgary visitors for a few days last week.

Mrs. M. V. Bennett of Lethbridge was the guest of her parents, Mr. and Mrs. J. Plante over the week-end.

Mr. Percy Dickieson of Drumheller was a business visitor in Coleman last Friday calling on a few old friends. Percy states he hopes to be in Coleman for Rodeo Day.

Patricia and Carol Nelson, students attending school at Pincher Creek convent spent the week-end at their home here.

Mr. Geo. Jenkins, jr., a student at the University of Oklahoma, is home for the summer holidays.

Mr. and Mrs. M. Dunford and Mr. and Mrs. R. Pattinson spent a few days at Kalispell, Mont., last week, when Mr. Dunford and Mr. Pattinson attended the Lions convention being held in that city.

Mrs. Taylor of the Fishburn Dist., Pincher Creek, was the guest of her daughter and son-in-law, Rev. and Mrs. R. MacAulay last week.

Mrs. F. Guerard is attending the Grand sessions of the Order of the Eastern Star being held in Lethbridge this week.

Mr. C. Makin and Mr. R. Sudworth escaped serious injury last week when the car they were riding in skidded and over-turned on the highway just west of Coleman. Mr. Sudworth was admitted to hospital for treatment and Mr. Makin received slight injuries. Friends wish them a speedy recovery.

There will be a Fireside Hour on Sunday evening June 10, following the evening service at St. Paul's United Church. It is being held by the Couples Club to honor members who are moving away in the near future.

The Goodwill W. A. of St. Paul's United Church will meet on Mon., June 11, in the Clubroom at 7.30 p. m. The Senior Ladies Group and the Women's Missionary Society will be entertained at this meeting.

Master Spencer Dunford has returned from Rochester where he received a thorough heart examination. It is almost a year since Spencer had extensive Cardiac Surgery for a Congenital Heart Condition. His X-Rays showed that his heart, which was greatly enlarged is returning to a normal size. All tests made were favorable and Spencer was given permission to play ball and ride a bicycle.

Mr. J. Smuk was a business visitor to Lethbridge last week.

Mr. and Mrs. J. Yeliga and Mr. and Mrs. J. Seaman visited at Hinton, Alberta over the weekend.

Mrs. T. B. Smith is spending a holiday visiting with friends in Calgary.

Mr. and Mrs. A. Wilson have returned home after attending the Alberta Hotelmen's Association at Edmonton last week.

Mr. J. Bartaletti attended the Fernie Bingo Saturday night and was lucky winner of a consolation prize.

Mayor and Mrs. F. Aboussafy were Fernie visitors where they were the guests of Mr. and Mrs. R. Coldger.

Attend Church

ST. PAUL'S United Church

Rev. R. MacAulay, Minister
Sunday, June 10
10 a.m.—Church Service.
11.15 a.m.—Sunday School.
7:00 p.m.—Church Service.
2nd Monday of month:
7:30 — Good Will W.A.
Wednesday: 3:30 — Mission Band; 7:30 — Senior Choir Practice.
Thursday: 7:00 — Junior Choir practice.
First Thursday of month:
7:30 Senior Ladies group
Second Thursday of month:
7:30 — Women's Missionary Society.

Classified Ads

LOST

BOY'S LEATHER JACKET,
Finder please return to the Journal Office and receive reward.

FOR SALE

FURNITURE — 1 Wardrobe; 1 Dresser with 3 drawers; 1 Chest with 6 drawers; 1 Carriage; 1 Bicycle; 1 Kitchen Table. Can see these anytime after 5.30 p.m. Mr. J. Olechow, West Coleman. 3tp.

COUNTER CHECK BOOKS
Apply Coleman Journal.

HELP WANTED

We require a part-time sales person to place a number of our much wanted New Household units at a greatly reduced price for introducing our product. This is a profitable and pleasant undertaking and could be the start of a business of your own. Write to P. P. Gernsheid, 1927-34th Ave., S. W., Calgary, Alta. 3np.

WANTED—Men to cut Pulpwood at Hinton. Steady work. For particulars see Mr. George Luco, Pincher Creek, Alberta. 2tp.

FEMALE HELP WANTED

BE A HAIRDRESSER—Join Canada's leading school. Great opportunity. Learn hairdressing. Big wages. Thousands successful. Pleasant, dignified profession. Full Jacobson's graduates. America's greatest system. Illustrated catalogue free. Write or call Jacobson's Beauty Academy, 128A 8th Ave., W. Calgary.

The Ladies Auxiliary of the Coleman Legion will hold a

Tea

and

Pantry Table

in the L. O. O. F. Hall on

SAT., JUNE 9th

from 2.30 to 5 p.m.

Tea • 40c

Donations to the Pantry Table will be appreciated



FISHING and Picnic Supplies

A COMPLETE LINE
OF FISHING
TACKLE
NOW ON DISPLAY

Hooks • Lines
Spinners • Flies
Flatfish • etc.

BAMBOO RODS, 5-piece.....\$7.00
GLASS RODS, from, up.....\$2.50
REELS from 75c to \$18.75
COLEMAN LANTERNS and CAMP STOVES
FISHING LICENSES FOR SALE

COLEMAN HARDWARE and Furniture Company

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C. N. P. Mixed Chorus CONCERT

in the

Elks' Hall, Coleman

on

Wed. June 13

Commencing at 8 p.m.

Admission: Adults 50c, Students 25c

Sponsored by the Coleman Elks

FATHER'S DAY GIFTS

Sunday, June 17th

ELECTRIC SHAVERS • ASH STANDS
HUNTING and FISHING EQUIPMENT
GARDEN TOOLS • LAWN MOWERS
POWER TOOLS • SANDERS
DRILLS • SAWS • ETC.
COLEMAN LAMP STOVES and
BARBECUE UTENSILS

Drop in and see the new
Swing King Reclining Chair
An Ideal Gift for Father's Day

MODERN ELECTRICAL

"Everything Electrical"
R. A. Montabetti, Prop.

Hardware and Furniture
Phone 3647, Coleman

COLEMAN PHARMACY

Coleman

Alberta

Coleman School District No. 1216

NOTICE

Parents of children whose birthday is before December 31st, 1950, must register before June 8th, 1956, for all beginners for Grade I. Registration will prevent disappointment.

Register at the office of the Secretary, Central School, or the Principal, Cameron School.

Please Bring Birth Certificate

It Is Important

That all Children be registered in order to receive the

Salk Vaccine

NORA GOULDING,

Secretary.

To Whom It May Concern

This is public notice that Certificates No. 9467 for 250 shares and No. 9468 for 250 shares of the stock of Westbrook-Thompson Holding Corporation in the name of William Green has been declared null and void by the Directors of this corporation and will not be recognised or transferred on its books by anyone presenting same.

WESTBROOK-THOMPSON HOLDING CORPORATION,
by Marvin Mabry, Secretary.